Kate Ennals’s poems are an affecting examination of life in Ireland and England, a family’s history, and the push-and-pull of a disordered mother-daughter relationship. The poetry here represents a slow untangling of the past and, with it, understanding. At times violent and angry, there are also moments of sensuality, tenderness and love as the narrator tries to ‘level her own spirit, keep her mercury in place’. A memorable collection.

Nuala O’Connor, author of Miss Emily

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Kate Ennals is a poet and writer and has published material in a range of literary and on line journals. In 2017, she won the Westport Arts Festival Poetry Competition. Her first collection of poetry At The Edge was published in 2015. She has lived in Ireland for twentyfive years and currently runs poetry and writing workshops in County Cavan, and organises At The Edge, Cavan, a literary reading evening, funded by the Cavan Arts Office.

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